

# Pathfinder Series: Leukemia

---

This pathfinder provides information about resources available in the JCC Patient and Family Resource Centre and on the internet

## Books & Audiovisual

*Living Well with CML / Canadian CML Network*

Call Number: 7.13.6 2015

Diagnosis and treatments, emotional and physical wellness, sex and intimacy and the future: what you need to know to live your best life with Chronic Myelogenous Leukemia.

*100 Questions and Answers about Leukemia / Edward D. Ball*

Call number: 7.13.17 2013

Whether you're a newly diagnosed leukemia patient, a survivor, or a friend or relative of either, this book offers help, and provides both doctor and patient perspectives. It gives authoritative, practical answers to questions about treatment options, post-treatment quality of life and sources of support. This book is an invaluable resource for anyone coping with the physical and emotional turmoil of this disease.

*Johns Hopkins Patients' Guide to Leukemia / Candis Morrison*

Call number: 7.13.3 2011

This is an easy to understand book, suitable for anyone just diagnosed with leukemia. Information about treatment options, communicating with your healthcare team, coping with treatment and beyond and much more is included in this handy guide.

*Myelodysplastic syndrome (MDS): questions and answers / Celgene*

Call Number: 7.13.2 2011

This book provides an overview of MDS and answers various questions those diagnosed might have.

*I Want to Live: The Story of My Battle With Leukemia, My Journey of Discovery, and the Many Who Helped in My Healing / Keith Dorricott. Call number: 7.13.12 2010*

This is one man's story of his battle with leukemia. He discusses his disease process and the effect it had on himself and his family. He emphasizes the role that support from family, and his spiritual beliefs, had in his recovery.

## Websites

Leukemia & Lymphoma Society of Canada <http://www.llscanada.org/>

The LLS's website is a good place to begin your research. Call their toll-free number to chat with an information specialist, download or order booklets and other resources, find information specific to your type of leukemia, stay up to date with new treatments, clinical trials, and more.

American Society for Hematology – For Patients <http://www.hematology.org/Patients/>

Not just for leukemia and other blood cancer information, the ASH website's section for patients has a lot of information on blood. From the basics – descriptions of the parts of the blood and the function of each within the body, to common blood disorders, a glossary of terms for definitions you might encounter when learning about leukemia, and links to patient groups and organizations for specific blood diseases, including leukemias.

Canadian Cancer Society – Leukemia

<http://www.cancer.ca/en/cancer-information/cancer-type/leukemia/leukemia/?region=on>

The Canadian Cancer Society has a good overview of leukemia, including some of the lesser-known, rarer types of the disease. The site also provides information about supportive care during treatment, current research, and a link to their Cancer Information Service for more information or to ask a question of one of their information specialists.

Cancer.Net – Cancer Types <http://www.cancer.net/cancer-types>

From the “Types of Cancer” page, users can access information about the chronic and acute leukemias (just click on the icon “I-L” and see leukemias listed by type). Some great information about diagnosis of the disease, treatment options, coping with side effects of treatment, post-treatment care, questions to ask the doctor, and more.

Leukaemia Care <http://www.leukaemiacare.org.uk/>

A really informative site from the UK that has good information on blood and lymphatic cancers for patients and caregivers. Download fact sheets and other resources, read the blog for current news, and stories from patients and get involved with the organization's online community to connect with other patients.

CLLPAG – Chronic Lymphocytic Leukemia Patient Advocacy Group <http://cllpag.ca/>

One of the most comprehensive sites for CLL patients out there, this group provides a great deal of support for patients and families, including conferences, patient resources, advocacy for medications, and a lot more. Visitors to the site can register to join the group for free, to get updates and further information about CLL and relevant topics.

National Cancer Institute – Leukemia <http://www.cancer.gov/types/leukemia>

The NCI has good information on the topic of leukemia and the different types of this disease, treatment, support and more. The big draw for this site however, is the section on research. The NCI is a leader in cancer research, and the site lists current clinical trials and other areas of research into leukemia and related cancers.