

# Pathfinder Series: Brain Tumours

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This pathfinder provides information about resources available in the JCC Patient & Family Resource Centre and on the internet.

## Books

*The Essential Guide to Brain Tumours* / The National Brain Tumour Foundation.

Call number: 7.5.0 2007

This is a supportive and jargon-free resource for brain tumour patients. Topics covered include understanding the brain and central nervous system, possible causes of brain tumours, tumour types, treatments, symptom management, survivorship, and suggestions for caregivers.

*Fast Facts: Brain Tumours* / Lauren E. Abrey and Warren P. Mason

Call number: 7.5.2 2011

This highly readable second edition of *Fast Facts: Brain Tumours* challenges this view, starting from the premise that patients with brain tumours can truly benefit from a thoughtful multidisciplinary approach.

*100 Questions and Answers about Brain Tumours* / Virginia Stark-Vance.

Call number: 7.5.8 2011

This book offers help for the brain tumour patient, survivor, and friend or relative of either. The authors provide practical answers to your questions about treatment options, post-treatment quality of life, and sources of support.

*Living With a Brain Tumour: Dr. Peter Black's Guide to Taking Control of Your Treatment* / Peter Black.

Call number: 7.5.11 2006

Dr. Black offers an invaluable mix of advice and medical information, arming readers with everything they need to know to address the emotional impact of their diagnosis on patients and families, make treatment decisions, face ongoing concerns about long-term effects, and live well with a brain tumour.

*Frankly Speaking: Brain Tumours* / Cancer Support Community

Call number: 7.5.9 2013

This is a collection of valuable resources, facts, and tips about the medical, practical, and emotional effects of brain tumours to help you (or an advocate) gain control and learn how to cope with the diagnosis.

## Websites

Canadian Cancer Society – Brain and Spinal Tumours

<http://www.cancer.ca/en/cancer-information/cancer-type/brain-spinal/brain-and-spinal-tumours/?region=on>

The website from the Canadian Cancer Society is a good place to start research into brain tumours. It covers a wide range of topics including risk education, screening, diagnosis, treatment, and supportive care.

Brain Tumour Foundation of Canada

<http://www.braintumour.ca>

The Brain Tumour Foundation of Canada is a national, non-profit organization dedicated to the needs of patients with a brain tumour by providing support, education, and funding for research. It also provides a forum for patients to connect to others who share their own experiences.

Brain and Spine Foundation

<http://www.brainandspine.org.uk/brain-tumour>

This organization is dedicated to providing information and support for patients with brain and spine conditions. Booklets and fact sheets on a wide variety of topics, including those dealing with brain tumours, treatments, diagnostic tests, and much more.

National Brain Tumor Foundation

<http://www.braintumor.org/>

The NBTF's site offers information, education and support for brain tumour patients and their loved ones. An online community allows patients and family members to connect with others, ask questions and gain support. Good informative publications are also available for download.

MedlinePlus "Brain Cancer"

<http://www.nlm.nih.gov/medlineplus/braincancer.html>

This website includes information on specific conditions and the effects of brain tumours on the mind, emotion, and personality. It also has useful interactive tutorials and videos (for example, on various types of surgical procedures).

Oncolink "Brain Cancer: The Basics"

<http://www.oncolink.org/types/article.cfm?c=2&s=4&ss=25&id=9534>

A good overview of different types of brain tumours, what they are, how they are treated, what to expect, links to further resources and much more from this highly-respected website and organization.