

Pathfinder Series: Aboriginal Resources

This pathfinder provides information about resources available in the JCC Patient & Family Resource Centre and on the internet.

Books & Audiovisual

In our own words: the cancer journey / Cancer Care Ontario, Aboriginal Cancer Care Unit. Call number: 1.1.4 2008 DVD

Aboriginal people from across Ontario describe their cancer experiences in this informative DVD. Screening for cancer and treatment options are discussed, and the film can be viewed in English, French, Ojibway, Cree, Mohawk, Inuktitut, Michif, and Oji Cree.

Caring for the terminally ill: honouring the choices of the people / Veronica Fobister, et al.

Call number: 10.2.9 2006

This is a workbook and resource guide, designed to support Aboriginal people and their caregivers in rural and remote communities living with life threatening illness. It offers information on dealing with physical symptoms of illness as well as the spiritual needs of the dying person.

Tree of life: nutrition beginning from the grass roots for the cycle of life / Six Nations Long Term Care. Call number: 8.1.5 2000

This book and accompanying DVD was produced to honour the traditional ways of the Iroquoian people. The authors want to assist people as they strive for health and wellness of the mind, body and spirit.

Completing the circle: healing words about end of life spoken to Aboriginal families.

Call number: 10.4.0 2006 DVD

Saskatchewan Elders share their experiences and beliefs about death and dying in the Aboriginal world. They send comforting words to Aboriginal families to help with the healing process in their time of need.

Understanding cancer / John Rice. Call number: 6.5.22 2008

This is the story of Mishoo, who explains to his granddaughter what cancer is and why her aunt died from it. In the tradition of native culture he teaches about cancer through a story.

Websites

Aboriginal Support for Those Living with Cancer (Gowdugyinawasi Ogwehowe Gawahas Gonosodi)

<https://www.youtube.com/watch?v=pPu1Cx6qRek>

This is a virtual tour created as a tool for promotion of awareness of Aboriginal culture-specific services available for Aboriginal patients, families and communities through the Juravinski Cancer Centre. The video uses the traditional Aboriginal cultural format of storytelling to outline cultural needs, and provides cross-cultural information exchange opportunities for healthcare teams.

Cancer Care Ontario: Aboriginal Cancer Care Unit

<http://www.cancercare.on.ca/cms/One.aspx?portalId=1377&pageId=7576>

This unit works to improve cancer care for First Nations, Métis and Inuit people and enhance access to culturally sensitive cancer services, support, and health education.

Health Canada: First Nations, Inuit & Aboriginal Health

<http://hc-sc.gc.ca/fniah-spnia/index-eng.php>

Health Canada provides an extensive list of topics related to Aboriginal health including information on staying healthy, disease threats, substance use and help with addictions; drug, dental and medical benefits as well as what programs and funding are available for First Nations and Inuit in Canada. Fact sheets, brochures and other publications are available.

Native American Cancer Research <http://www.natamcancer.org/>

This site is for survivors, educators and caregivers. Fact sheets on breast and colon cancer risks are included, as well as information to help with maintaining colon, prostate, and gynaecological health. They are dedicated to helping improve the lives of Native American cancer patients and seek to reduce cancer incidence, and to increase survival.

Cancerview Digest: First Peoples <http://blog.cancerview.ca/tag/first-peoples/>

Cancerview is a portal that helps connect Canadians to quality services, information and resources for cancer control. The related blog, Cancerview Digest, has an excellent section devoted to First Nations, Inuit and Métis patients and includes information about the patient journey and patient stories, improving end-of-life care, patient perspectives on the disease, what to expect as a cancer patient and much more.

National Library of Medicine: American Indian Health – Health Topics – Cancer

<http://americanindianhealth.nlm.nih.gov/cancer.html>

This is a collection of articles, fact sheets, videos and other resources for Aboriginal people with cancer and their families and communities.

