

Pathfinder Series: Colon Cancer

This pathfinder provides information about resources available in the JCC Patient & Family Resource Centre and on the internet.

Books & Audiovisual

Colon and Rectal Cancer: From Diagnosis to Treatment / Paul Ruggieri, Addison R. Tolentino.
Call number: 7.7.3 2012

This helpful book looks at symptoms of colorectal cancers, tests to diagnose cancer, determining stage of the cancer, surgery and types of treatment. Not a big book, but a comprehensive guide to understanding the disease and options for treatment.

The Colon Cancer Survivor's Guide: Living Stronger, Longer / Curtis Pesmen.
Call number: 7.7.6 2009

Inspired by an award-winning series of Esquire magazine articles on the author's own colorectal cancer, the book helps show how a person diagnosed with cancer stops becoming a patient and starts becoming a survivor.

100 Questions & Answers About Colorectal Cancer / David S. Bub. Call number: 7.7.7 2008

This book has easy to understand answers to questions about colorectal cancer, including treatment options, quality of life, support, and much more. A good place to start your research.

A Handbook for New Ostomy Patients / Hamilton and District Ostomy Association
Call number: 7.7.5 2008

Containing practical advice and tips for managing and learning to live with an ostomy, this guide is meant to supplement, but not replace, the information given to you by your doctor, ET nurse or other health care professional. The authors hope that this handbook can help answer questions, and reassure readers that there can be a good living after ostomy surgery.

Websites

Colorectal Cancer Association of Canada www.colorectal-cancer.ca

A Canadian organization that offers a great deal of information relating to colorectal cancer, the site includes a section for “just the facts”, as well as screening, treatments, support and more. There are also sections on news, events, and ways for Canadians with colorectal cancer to connect online or in person.

Colon Cancer Alliance www.ccalliance.org

This is an American organization dedicated to informing and supporting those affected by colorectal cancer. Includes basic information about the disease, treatment, clinical trials and quality of life, and offers support groups and advice for both the patient and their friends and family.

Cancer Support Community – Colorectal Cancer

<http://www.cancersupportcommunity.org/MainMenu/About-Cancer/Types-of-Cancer/Colorectal>

The CSC aims to ensure that all people impacted by cancer are empowered by knowledge, strengthened by action, and sustained by community. This site offers lots of important information on colorectal cancer including understanding your cancer, treatment options, talking to your healthcare team, quality of life concerns and much more.

American Cancer Society – Colorectal Cancer <http://www.cancer.org/cancer/colonandrectumcancer/>

This is an excellent overview and comprehensive look at colon and colorectal cancer from the American Cancer Society. The site provides disease information and treatment options, but there is also a detailed section on support for colon cancer patients and latest research news.

MedlinePlus Videos and Tools <http://www.nlm.nih.gov/medlineplus/videosandcooltools.html>

From this section on the popular site from the National Library of Medicine visitors can access interactive tutorials and videos on a variety of topics including diagnostic tests for cancer, information about types of surgical procedures, games and more – all designed to help you learn more about your condition and your health in general.

United Ostomy Association of Canada <http://www.ostomycanada.ca/>

The UOAC is a volunteer organization dedicated to helping people who have had an ostomy operation. Here you can find ostomy information, FAQ, a list of ostomy product manufacturers, an online chatroom and links to local UOA chapters and groups.

National Cancer Institute – Colorectal Cancer <http://www.cancer.gov/types/colorectal>

The NCI has very detailed cancer information, and the section on colorectal cancer is divided into six areas: Treatment, Research, Causes & Prevention, Screening, Statistics, and General Resource on Coping. Each area provides a detailed colorectal cancer information, with resources for further reading and more.

